

SUMMER

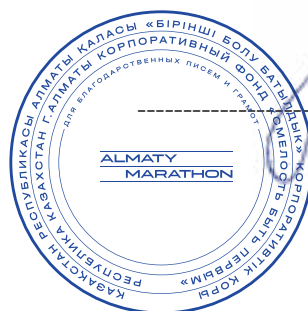
RELAY

SUMMER RELAY 2026
RUNNING COMPETITION

REGULATIONS

SUMMER RELAY

APPROVED BY
Corporate Fund "Courage to be the First"
Executive Director,



..... / S.N. Kazybayeva
10 June 2026

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REGULATIONS

The Summer Relay 2026 (hereinafter – the Competition) is a 10 km summer relay race for teams of five members, which also includes:

- Children’s 2,000 m race
- Children’s 1,000 m race
- Children’s 500 m race

This is a true festival for sports and race fans, in which every resident and guest of Almaty can take part.

1. OBJECTIVES OF THE COMPETITION

- Popularization of running;
- Preparation of runners for international competitions;
- Formation of a healthy nation;
- Development of mass sports;
- Popularization of a healthy lifestyle among residents and guests of Almaty;
- Discouraging bad habits (smoking).

2. ORGANISER OF THE COMPETITION

2.1

“Courage to be the First” Corporate Fund provides general management of the Competition.

2.2

Arrangements for preparing and holding the Competition are the responsibility of the organising committee of “Courage to be the First” Corporate Fund (hereinafter – the Organising Committee).

3.

COMPETITION PARTICIPANTS

3.1.

The following runners are admitted:

- Professional athletes and amateurs;
- Runners of various ages (depends on the distance).

3.2.

Participation is available to those who have registered on the official website of the Organising Committee and paid the entry fee.

3.3.

Participants are required to:

- Pass registration at almaty-marathon.kz;
- Submit up-to-date personal data;
- Observe rules of the sports event specified in these Regulations.

3.4.

Participants of the following age categories are allowed to participate in the Competition:

- 10-km Relay - participants aged 15 years and over;
- Children's 2,000-m race - participants aged 12-14 years;
- Children's 1,000-m race - participants aged 9-11 years;
- Children's 500-m race - participants aged 4-5 years and 5-8 years.

3.5.

During registration for the Competition, your exact full age is taken into account at the time of holding the Competition.

3.6.

Simultaneous participation in several distances and teams is strictly prohibited.

4.

TIME AND VENUE OF THE COMPETITION

4.1

Time and venue of the Competition:

18 July 2026, from 17:00 till 24:00.

4.2.

Start and finish lines for all distances: Astana Square.

5.

COMPETITION DISTANCES AND AGE CATEGORIES

5.1.

The Competition Program includes the following distances:

- Relay 10 km;
- Children's 2,000-m race;
- Children's 1,000-m race;
- Children's 500-m race.

5.2.

Age categories of the Competition:

5.2.1.

Team categories of the Competition:

- Men (men only): a team consisting exclusively of male members.
- Women (women only): a team consisting exclusively of female members.
- Mixed (mixed team): a team consisting both male and female members; it is a mandatory requirement for the team to have at least one member of each gender.
- Business (corporate team): a team consisting of both male and female members from one company; it is a mandatory requirement for the team to have at least one member of each gender.
- Pro - professional athletes: men and women (at least two women or two men must be included in the team).

5.2.2.

Age categories for 2,000-m race (children's race):

- 12-14 years old.

5.2.3.

Age categories for 1,000-m race (children's race):

- 9-11 years old.

5.2.4.

Age categories for 500-m race (children's race):

- 4-5 years old;
- 6-8 years old.

6.

EXPENSES FOR ORGANISING AND HOLDING THE COMPETITION

6.1.

The Organising Committee bears all the expenses for organising and holding the Competition.

6.2.

The travel, accommodation and meal expenses associated with the Competition shall be paid by the organisations sending their participants to the Competition or participants themselves.

7.

REGISTRATION OF PARTICIPANTS AND THEIR ADMISSION

7.1.

Registration of participants for the Competition singles (2,000 m, 1,000 m, 500 m (children's races)) is available on the website almaty-marathon.kz as from 10 June 2026 and will end on 10 July 2026, or when the number of participants will reach 1,300 (one thousand three hundred) participants.

7.2.

Registration of the relay teams for the Competition is available on the website www.almaty-marathon.kz, as from 10 June 2026 and will end on 10 July 2026, or when the number of the teams will reach 200 (two hundred) teams.

7.3.

Participants who have registered individually will be automatically grouped into teams by the organiser as entries are received and in the order in which they were registered.

The category of the formed team will be determined by its actual composition. The Men category will be assigned to a team consisting of five men, and the Women category will be assigned to a team of five women. If a team includes both men and women, it falls into the Mixed category.

7.4.

Corporate participants of the Business category will be registered upon request sent to info@almaty-marathon.kz.

Corporate participants are the teams whose participation in the Competition is funded by an organisation or company. The registration fee is payable via bank transfer to the organising committee's bank account.

Invoices will be issued upon request sent by a representative of the corporate team to the specified email address.

Upon team registration www.almaty-marathon.kz, the corporate representative shall provide ID of the registered team to receive the invoice.

Registration fees constitute charitable contributions from participants to support the statutory activities of "Courage to be the First" Corporate Fund, including activities to organise this event, and do not constitute commercial income.

7.5.

A participant is considered registered if he/she:

- 1st: filled out the form for the selected distance at <https://almaty-marathon.kz>;
- 2nd: paid the entry fee;
- 3rd: received a BIB number of the Summer Relay 2026 participant.

Only runners who have paid their participation applications (slots) will be included in the list of participants in the Competition.

Important!

Registration fees paid by participants are voluntary and special-purpose contributions (charitable donations) intended to support statutory activities of "Courage to be the First" Corporate Fund, including activities for organising and holding its sports events. These contributions are not payments for services or works, do not generate commercial income, and do not entail any obligations to provide any work completion reports.

7.6.

By registering and paying the entry fee, a participant of the sport event agrees with all the terms and conditions set forth herein.

The participant also confirms that he/she has read the sports event rules, is aware of his/her obligations and responsibilities, and undertakes to comply with all requirements set by the Organising Committee.

7.7.

Entry fees for the Competition distances:

- 10-km race (relay) — KZT 75,000 (seventy-five thousand);
- 2,000-m race (children's distance) — KZT 9,000 (nine thousand);
- 1,000-m race (children's distance) — KZT 8,000 (eight thousand);
- 500-m race (children's distance) — KZT 7,000 (seven thousand).

7.8.

Participants can change their distances only before or on 03 July 2026.

If a slot for participation has already been purchased, please contact the Organising Committee and pay KZT 2,000 (two thousand) for changing the distance.

In case of changing the distance from a shorter to a longer one, please pay the difference in the cost of the slots.

In case of changing the distance from a longer to a shorter one, the difference in the cost is not refundable.

It is possible to change the distance only if there are free slots for the selected distance. In this case, the previously assigned BIB number will be lost and the participant will be assigned a new number corresponding to the selected distance.

To change the distance, please email info@almaty-marathon.kz.

If the Men team admits a female member, the team shall automatically change category, similar shall be done to the Women team.

Team names will be assigned to BIB numbers after registering and paying for the BIB number before 26 June 2026 (inclusive). The BIB number will have the team name you entered when registering on the website. Swear words are prohibited.

Teams of the Business category shall provide a letter of employment for each team member. Providing the letter of employment is a mandatory requirement for taking part in the corporate race.

If a participant has bought a slot, but currently cannot participate due to illness or injury, his/her team may offer a substitute for this participant. To make a substitution, please provide a document confirming the reason to miss the Competition (sick leave, doctor's report) and a photo or original of the substituted participant's ID card.

The participant should apply for forced substitution before the second day of the starter kit distribution, in particular before 18:00 on 10 July 2026 to info@almaty-marathon.kz.

7.9.

You can transfer your slot from one sports event to another held by the Organiser as part of the 2026 sporting calendar on a paid basis.

The cost of reassignment is KZT 2,000 (two thousand). It is possible to transfer the slot only if there are free slots for the selected events and distances.

In this case, the previously assigned BIB number will be lost and the participant will be assigned a new number.

7.10.

Funds paid for participation in the Competition are non-refundable. Funds paid for the wrong or any other participant's identification number are not refundable.

7.11.

Athletes over 15 years old can take part in the team relay of the Competition. The team consists of 5 (five) members, who shall complete a lap.

Relay teams compete on a 10-km track divided into equal sections of 2 km for each of the team member.

It is prohibited to participate in 2 (two) or more teams, as well as to overcome more than one lap of the track within the Competition.

The cost of participation in the Competition relay for the team is KZT 75,000 (seventy five thousand).

Registration of the relay teams for the Competition is available on the website www.almaty-marathon.kz, as from 10 June 2026 and will end on 10 July 2026, or when the number of the teams will reach 200 (one hundred) teams. For more information, please contact info@almaty-marathon.kz

7.12.

Participants without BIB numbers are not admitted to the Competition!

7.13.

A participant of the Competition must place the BIB number on his/her chest or waist belt to make it clearly visible.

7.14.

Participation in the Competition under another participant's number is prohibited. If it becomes known that a participant of the Competition has transferred his/her BIB number to another participant, the Organising Committee will disqualify both participants and cancel their results, as well as deny both participants access to the next 3 (three) Competitions.

7.15.

It is prohibited to participate in the Competition wearing headphones.

7.16.

Participants with disabilities can receive a free slot to participate. Applications for free participation should be emailed to info@almaty-marathon.kz before 13 July 2026.

The application shall contain the following information:

- Participant's full name;
- Participant's distance;
- Documents confirming the disability.

The accompanying person shall pay for his/her participation. The number of slots for participants with disabilities is limited. In the event that all free slots are already taken, the Organising Committee reserves the right to refuse the participant to participate for free.

8.1.

Starter kits will be distributed in Almaty from 10:00 to 20:00 on 17 July and from 10:00 to 14:00 on 18 July. The exact address will be announced later.

Attention! No distribution of starter kits will be made to the participants of the Competition on other days.

8.2.

The starter kit includes a BIB number, recording chip and pins.

8.3.

Corporate participants of the Competition can pick up their starter kits from 10:00 till 20:00 on 17 July 2026 and from 10:00 till 14:00 on 18 July 2026 during the distribution of BIB numbers as specified in clause 8.1 hereof. To receive a starter kit, you should present your original ID card or its electronic copy. The person receiving a starter kit may pick up a maximum of 5 (five) starter kits, including his/her own starter kit. Starter kits are distributed in accordance with clause 8.4.

Teams of the Business category shall provide a letter of employment for each team member to receive the starter kit. Providing the letter of employment is a mandatory requirement for taking part in the corporate race.

8.4.

Participants are admitted to the Competition only against the following documents provided together:

For participants under the age of 18:

- ID card (original or in electronic form) / Birth Certificate (printed);
- Acknowledgement Note from parents or guardian(s) giving permission to participate in the Competition (printed);
- ID card of parents or guardian(s), who signed in person the Acknowledgement Note (original or in electronic form).

For participants aged 18 and over:

- ID card (original or in electronic form);
- Health Acknowledgement (printed or signed online).

Participants can sign the Health Acknowledgement online by visiting the Almaty Marathon website or by scanning a QR code on the starter kit distribution day. The EGOV mobile app with valid electronic digital signature (EDS) keys must be used to sign online. If you signed the Health Acknowledgement online, its paper version is not required.

8.5.

If a participant was not aware / forgot / did not have time to pick up his/her starter kit, it will be impossible to issue a medal using the online tracker after the Competition.

8.6.

Other cases will be discussed individually when applying to info@almaty-marathon.kz before 14:00 on 10 July 2026.

9.

COMPETITION PROGRAM (TO BE PUBLISHED LATER)

10.

TIME LIMITS TO PASS DISTANCES:

- Time limit for the 10-km race (relay) - 2 hours 00 minutes,
- Time limit for the 2,000-m race - 30 minutes,
- Time limit for the 1,000-m race - 20 minutes,
- Time limit for the 500-m race - 20 minutes.

11.

LOCKER ROOM

11.1.

The Organiser shall not be responsible for the safety of the participant's bag.

11.2.

Suitcases and large-size bags will not be accepted for storage in lockers.

11.3.

The Organising Committee will not consider any claims over missing items from your bags. The participants are strongly not recommended to leave their valuables, money, jewellery in lockers.

12.1.

Results of the race participants for particular competition distances are recorded by the electronic timing system of the Competition and are confirmed by the Competition's panel of judges. Winners and prize-winners of particular competition distances are determined on the basis of the finish time.

12.2.

Race winners and prize-winners of particular competition distances are determined in accordance with the World Athletics Rules.

12.3.

Official results of the Competition will be published at almaty-marathon.kz within 24 (twenty-four) hours after the end of the Competition.

12.4.

The result of the Competition participant is recorded only subject to correct placement of the BIB number on the chest and waist belt.

12.5.

The Competition Organising Committee does not guarantee that personal results of the Competition participants will be recorded in the following cases:

- Incorrectly fixed chip.
- Chip demagnetization.
- Chip is covered by clothing or otherwise.
- Disqualification of the participant on the basis of the resolution made by the Competition's Panel of Judges.
- Chip is damaged by a participant.

12.6.

How to interpret your results – terms used:

- DNS – Did not start (participant did not start);
- DNF – Did not finish (participant did not finish);
- DSQ – Disqualified (participant is disqualified);
- CR – Championship Record (record of competitions);
- GUN TIME – Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant
- CHIP TIME – Personal time of participant. The time from start mats to finish mats crossed by the participant.

IMPORTANT! RACE WINNERS AND PRIZE-WINNERS ARE DETERMINED ON THE BASIS OF THE PARTICIPANT'S GUN TIME.

13. AWARDING OF COMPETITION WINNERS

13.1.

The Business and Pro teams are awarded for the 1st - 3rd places. Winners and prize-winners are awarded cash vouchers, cups and valuable prizes.

The Men, Women, Mixed teams are awarded for the 1st - 3rd places. Winners of this particular distance are awarded diplomas, statuettes and valuable prizes.

13.2.

The 2,000 m, 1,000 m and 500 m runners are awarded for the 1st - 3rd places in the corresponding age categories among boys and girls. Winners and prize-winners are awarded medals, diplomas and valuable prizes.

13.3.

All finishing runners who meet the time limit are awarded the finisher's commemorative medal.

13.4.

The cash prizes are paid out within 15 (fifteen) business days after the Competition via a bank transfer to the personal account of the winner. In order to receive the cash prize, the winner of the Competition should, within 3 (three) business days after the Competition, submit the following documents:

- For residents of Kazakhstan : a Bank Account Certificate and a copy of identity document.
- For non-residents of Kazakhstan: a copy of identity document, bank name, address of the bank office and the city where you will receive the cash prize.

The documents should be sent to info@almaty-marathon.kz.

13.5.

If a participant of the Competition failed to pick up his/her prize during the Competition, the participant can pick up the prize within 10 (ten) business days after the Competition. The exact address to pickup your prize will be published in official information channels. If a participant of the Competition cannot pick up the prizes in person and delegate the receipt of the prizes to an authorized person, the winner of the Competition should email to info@almaty-marathon.kz his/her address where the prize can be delivered by the Organising Committee at the expense of the participant. This option is available only to residents of the Republic of Kazakhstan.

13.6.

Upon expiration of the above term, the Organiser reserves the right not to give the prizes to winners.

The Competition takes place in compliance with the World Athletics (hereinafter - WA) Rules.

14.1.

Our recommendations:

- Do not run in a row with two or more participants.
- If you slow down to a walk, please keep to the right side of the track.

14.2.

It is prohibited to:

- Use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes and participants with special jogging strollers.
- Use headphones. Participants must hear warnings from other runners, judges, organisers and other officials organising the Competition.
- Participate with animals.
- Participate in the competition in a state of alcohol or drug intoxication.
- Participate with any items that could be dangerous to other participants.
- Participate with strollers.
- Stop on the track. If you feel unwell, please stop running, if possible, and move to the side of the track without interfering with the movement of other runners of the Competition.
- Obstruct the movement of other participants and the competition in any other way.
- None of the team officials, other persons have the rights to walk, run, move near a participant at the time when the participant takes food or drinks.
- A participant may be disqualified for violation of these rules.

15.1.

The Competition Organising Committee has the right to disqualify a participant of the Competition in the following cases:

- A participant starts running before the official start;
- A participant starts running after the start zone is closed;
- A participant participates without a BIB number;
- A participant neglects the instructions and comments of the Organising Committee, judges or a chief physician of the Competition;
- A participant violates the Competition Regulations;
- A participant runs 2 (two) distances or participates in 2 (two) or more teams, which will result in the disqualification of both the participant and the teams from the Competition.
- The team substitutes one of its member without notifying the Organising Committee.

15.2.

A participant shall be disqualified if he/she owns or uses a video camera, mobile phone or smartphone, radio, players, headphones and other equipment in the course of the Competition;

15.3.

The Organising Committee has the right to disqualify a participant if he/she uses a video camera, mobile phone or smartphone, radio, players, headphones and other equipment in the course of the Competition.

15.4.

Participants of the Competition will be excluded from the final scoresheet in the following cases:

- a participant participates under a number registered for another person;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses mechanical means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participants starts running not from his/her cluster;
- a participant runs without an official number for a particular competition or the number is hidden under his/her clothing;
- a participant violates rules set forth in these Regulations.

15.5.

A participant may be disqualified for unseemly, rude or abusive language towards event organisers, judges, volunteers.

15.6.

The Competition participants are prohibited from holding unauthorised political, social and other rallies, making provocative appeals, political solicitations, protests, demonstrations, and using any political, social attributes, logos. Those participants violating this clause will bear responsibility in accordance with the laws of the Republic of Kazakhstan.

16. COMPETITION'S PANEL OF JUDGES

16.1.

Competition's Panel of Judges thoroughly monitors compliance with the competition rules and that the Competition among participants is fair and honest, and that the winner of the Competition is determined objectively. All sport judges serving the Competition represent the Competition's Panel of Judges.

16.2.

Competition's Panel of Judges includes:

- Chief Judge of the Competition

The Chief Judge of the Competition distributes responsibilities among certain judges of the Competition and submits a report to the Organising Committee upon completion of the Competition.

- Chief Scorer of the Competition

The Chief Scorer of the Competition processes scoresheets and reports the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

- Judges of the Start and Finish Zones of the Competition

The Judges of the Start and Finish Zones of the Competition keep strict watch that the participants of the Competition go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record results of first 50 (fifty) finishers according to the finish scoresheets. The scoresheets are submitted to the Chief Judge of the Competition for collation of the results with the timekeeping system. Professional sportsmen and specialists may be invited to the Competition's Panel of Judges.

16.3.

Chief Physician of the Competition

The Chief Physician of the Competition supervises activities of medical staff and volunteers of the Competition during the race and at the start-finish camp of the Competition. If necessary, the Chief Physician of the Competition can withdraw a participant from the Competition.

17. FORCE MAJEURE

17.1.

In case of an official ban imposed on the Competition by the government bodies/agencies/services of the Republic of Kazakhstan, including local government bodies, the Competition will be postponed to a later date. All entry fees previously paid by participants of the Competition will be automatically transferred to the new date of the Competition. The exact new date of the Competition will be announced later by publishing in the Organising Committee's information sources specified in clause 20 hereof and by mailing to the participants' e-mail addresses specified by the participants during their registration for the Competition.

17.2.

In the event that a foreign participant of the Competition from another country cannot cross the state border of Kazakhstan on the eve of the Competition and fails to take part in the Competition due to the laws and regulations of the Republic of Kazakhstan, the participant can submit to the Organising Committee a request to transfer his/her entry fee to the SUMMER RELAY 2026. In this case the request should be sent to info@almaty-marathon.kz.

18. PROTESTS AND CLAIMS

18.1.

Protests shall be submitted to the Competition Organising Committee and considered by the Competition's Panel of Judges.

18.2.

A participant of the Competition shall be entitled to submit a claim within 2 (two) calendar days after completion of the Competition.

The claims shall be emailed to info@almaty-marathon.kz.

When submitting the claim, the participant of the Competition is required to specify the following data:

- participant's full name (anonymous applications are not subject to consideration);
- essence of the claim;
- grounds for the claim (photo or video records).

18.3.

The Competition Organising Committee shall prepare its official reply to the participant of the Competition within 2 (two) business days after it receives the protest and/or claim, the reply shall be sent to e-mail, which the claim/protest had been filed from.

18.4.

The claims may be accepted only from the participants of the Competition.

19. MEDIA ACCREDITATION

19.1.

To pass the media accreditation for the Competition, it is necessary to send data (name of the media, full name of the correspondent, operator, photographer, contact phone number and e-mail) to prmanager@almaty-marathon.kz before 10 July 2026.

20. INFORMATION SOURCES OF THE COMPETITION

20.1.

Detailed information on the Competition is available on web-site almaty-marathon.kz, as well as at the following social media of the Organising Committee:

- <https://www.facebook.com/almatymarathon/>
- <https://www.instagram.com/almatymarathon/>
- t.me/almaty_marathon.
- <https://vk.com/almatymarathon>

The Competition Organising Committee assumes no responsibility for the information obtained from any other information sources.

21.

RIGHTS TO COVER THE COMPETITION

21.1.

“Courage to be the First” Corporate Fund (hereinafter - the Copyright Holder) owns exclusive media rights to cover the Competition: broadcasts of an image and (or) sound of the sports event through any means and (or) by using any technology, as well as video recording of the broadcasts.

The Copyright Holder has the right to enter into agreements in writing on the acquisition by third parties of rights to cover the sports competition.

22.

FINAL PROVISIONS

22.1.

These Competition Regulations are the official invitation-call for participation in the Competition.

22.2.

The Organising Committee shall not be held liable for any damage caused to the participants of the Competition as a result of any accident, as well as for the loss of personal items or damage to property.

22.3.

The Organising Committee shall not be held liable for the health of the participants, injuries, illnesses or other medical problems arising in the course of preparations for or during the Competition. Each participant is fully responsible for his/her health and physical condition and undertakes, if necessary, to undergo a medical examination before participating in the sports event.

22.4.

The Organising Committee reserves the right to amend these Competition Regulations.

ALMATY
MARATHON